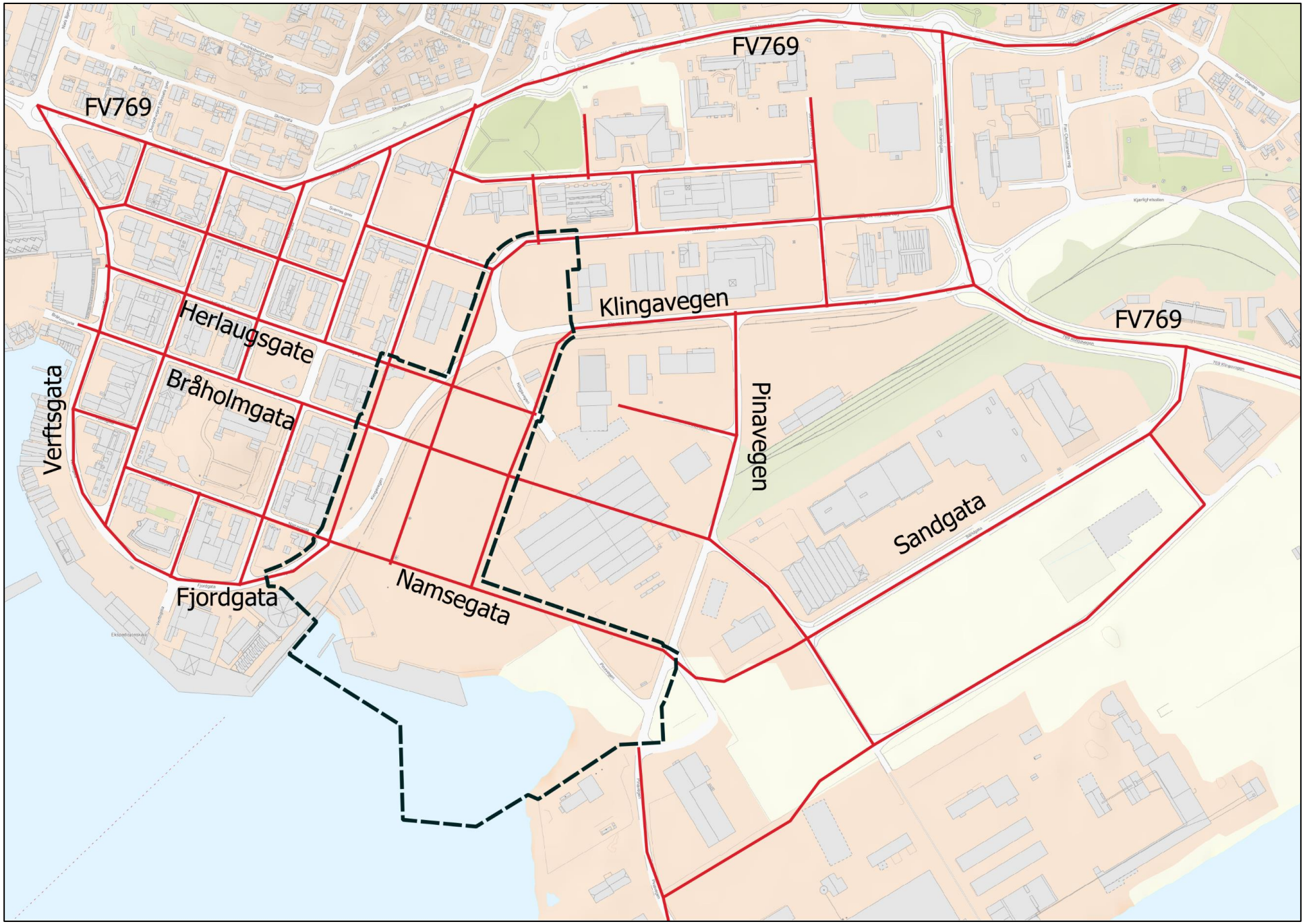Kvartalsstruktur i sentrumsplanen